

# Running Losa Experience - 5k Run Fast in Arconate

Data  
Gara

18/05/2024  
5 Km competitiva

## Generale

pos	pett.	atleta	anno	sex	cat.	p.cat	team	naz	race time	real time	gap	media
1	37	ZINOUBI SABER	2003		PM		ATL. VALLECAMONICA	TUN	00:14:28			
2	8	PALUMMIERI GIULIO	2000		SM		DAINI CARATE BRIANZA	ITA	00:14:53		+25	
3	17	GAMBINO SALVATORE	1980		SM40		DK RUNNERS MILANO	ITA	00:14:56		+29	
4	18	BARONCHELLI NATHAN	1995		SM		AZZURRA GARBAGNATE M.SE	ITA	00:14:58		+30	
5	26	COPETA DAVIDE	1995		SM		C.S. S.ROCCHINO	ITA	00:15:01		+34	
6	141	PARTENOPE MIRKO	1994		SM	1	ATL. O.S.A. SARONNO LIB.	ITA	00:15:07		+39	
7	7	SCARABELLO ALESSIO	2000		SM	2	ONDAVERDE ATHLETIC TEAM	ITA	00:15:33		+1:05	
8	19	CECCARELLI MATTIA	1988		SM35	1	POLISPORTIVA LOSA S.S.D.R.L.	ITA	00:15:44		+1:16	
9	6	TURRA JACOPO	2005		JM	1	RUNAWAY MILANO A.S.D.	ITA	00:15:58		+1:31	
10	11	ORIO STEFANO	1994		SM	3	G.P. SANTI NUOVA OLONIO	ITA	00:16:09		+1:41	
11	16	PALMIERI FABIO STEFANO	1978		SM45	1	ASD TAPASCIONE RUNNING	ITA	00:16:23		+1:56	
12	10	PEDRONCELLI ROBERTO	1967		SM55	1	ATL. PARATICO	ITA	00:16:25		+1:57	
13	35	SUBANO MARIA GORETTE	1991		SF		CUS PRO PATRIA MILANO	ITA	00:16:27		+1:59	
14	25	VENIER LUCA	1997		SM	4	RUNNERS LEGNANO SSD ARL	ITA	00:16:36		+2:09	
15	4	FERRARIO GABRIELE	2001		SM	5	SEZ. ATL. ORATORIO	ITA	00:16:38		+2:11	
16	28	SPOSATO ALESSIO	1995		SM	6	DK RUNNERS MILANO	ITA	00:16:43		+2:16	
17	13	BELLAVIA FRANCESCO	1988		SM35	2	G.S. BERNATESE	ITA	00:16:45		+2:18	
18	129	SCAPECCHI LUCA	1991		SM	7	G.A.P. SARONNO	ITA	00:16:47		+2:19	
19	36	PRIMI UMBERTO	1999		SM	8	AMATORI ATL. CASORATE S.	ITA	00:16:55		+2:28	
20	5	REINA NICOLE SVETLANA	1997		SF		CUS PRO PATRIA MILANO	ITA	00:17:12		+2:44	
21	29	STELLA SILVIO	1993		SM	9	U.S. SANGIORGESE	ITA	00:17:14		+2:47	
22	38	LANDONI NICOLO'	1992		SM	10	ATL. SAN MARCO U.S. ACLI	ITA	00:17:15		+2:48	
23	21	ZARRILLI ALESSANDRO	1999		SM	11	POLISPORTIVA MOVING S.S.D.	ITA	00:17:17		+2:49	
24	20	PIERRE-LOAN JANCZAK	1990		SM	12	RUN CARD	ITA	00:17:23		+2:55	
25	52	ROLANDI GIULIO	1995		SM	13	RUN CARD	ITA	00:17:27		+3:00	
26	31	DURANTE FRANCESCA	1977		SF45		ATL. CASONE NOCETO	ITA	00:17:33		+3:06	
27	34	NOVIELLO FRANCESCO	1965		SM55	2	AZZURRA GARBAGNATE M.SE	ITA	00:17:36		+3:09	
28	24	COZZI FEDERICA	1994		SF		RUNNERS LEGNANO SSD ARL	ITA	00:17:38		+3:10	
29	65	FERRAZZO SANDRO	1976		SM45	2	AMATORI ATL. CASORATE S.	ITA	00:17:38		+3:11	
30	12	LOSA MASSIMILIANO	1972		SM50	1	POLISPORTIVA LOSA S.S.D.R.L.	ITA	00:17:40		+3:12	
31	49	NESSI ANDREA	2006		JM	2	SEZ. ATL. ORATORIO	ITA	00:17:41		+3:14	
32	62	MARCHIORI DAVIDE	1979		SM45	3	ASD ATLETICA TRECATE	ITA	00:17:43		+3:16	
33	9	BUZZELLA MARIO	1975		SM45	4	G.P. SANTI NUOVA OLONIO	ITA	00:17:46		+3:18	
34	56	CHIERICHETTI LUCA	2001		SM	14	BRONTOLO BIKE ASD	ITA	00:17:47		+3:20	
35	160	BUCCIARELLI FRANCESCO	2002		PM	1	RUN CARD	ITA	00:17:47		+3:20	
36	58	CERAULO EMILIANO	1971		SM50	2	P.B.M. BOVISIO MASIAGO	ITA	00:17:52		+3:24	
37	22	ARTUSI ATTILIO EZIO	1971		SM50	3	C.S. CORTENOVA	ITA	00:17:54		+3:27	
38	32	TERRAGNI NICOLO'	1996		SM	15	PRO SESTO ATL. CERNUSCO	ITA	00:17:55		+3:28	
39	15	MAZZARELLA PIETRO	1981		SM40	1	ASD TAPASCIONE RUNNING	ITA	00:18:00		+3:33	
40	165	SINTONI MATTEO	1981		SM40	2	AMATORI ATL. CASORATE S.	ITA	00:18:20		+3:52	
41	66	SPALENZA DEBORA	1997		SF		G.S. ORECCHIELLA	ITA	00:18:20		+3:52	
42	89	POGGI GIAMPIERO	1990		SM	16	AZZURRA GARBAGNATE M.SE	ITA	00:18:23		+3:56	
43	59	LEO MAURIZIO	1979		SM45	5		ITA	00:18:27		+3:59	
44	75	SABATO CLAUDIO	1976		SM45	6	QT8-RUN	ITA	00:18:29		+4:01	
45	53	ORSINI MATTEO	1975		SM45	7	RUNNING SARONNO	ITA	00:18:31		+4:04	
46	161	BELLINZONA GIOVANNI AMBROGIO	1977		SM45	8	URBAN RUNNERS	ITA	00:18:32		+4:04	
47	50	CAUZO ANTONIO	1983		SM40	3	POLISPORTIVA LOSA S.S.D.R.L.	ITA	00:18:33		+4:06	
48	61	CASTIGLIONI PAOLO	1991		SM	17	ASD BUMBASINA RUN	ITA	00:18:38		+4:10	
49	48	MARCHESI JACOPO	2002		PM	2	SEZ. ATL. ORATORIO	ITA	00:18:40		+4:12	
50	105	CODOGNOTTO MANUEL	1993		SM	18	RUN CARD	ITA	00:18:48		+4:20	
51	54	RAIMONDI MARCO	1979		SM45	9	TEAM 3 ESSE	ITA	00:18:51		+4:24	
52	81	COLOMBO STEFANO	1979		SM45	10	ASD TAPASCIONE RUNNING	ITA	00:18:51		+4:24	
53	40	MAIERA LORENZO	1994		SM	19	ATL. SAN MARCO U.S. ACLI	ITA	00:18:58		+4:31	
54	76	LIBORIO MICHELE	1976		SM45	11	ATL. 99 VITTUONE	ITA	00:19:04		+4:36	
55	83	CIMNAGHI MARTINA MARIA	2001		SF	1	ATLETICA P.A.R. CANEGRATE	ITA	00:19:05		+4:38	
56	77	ADJETEY ADJEVI TETE THIERRY	1996		SM	20	MISSULTEAM COMO ASD	ITA	00:19:07		+4:40	

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pos	pett.	atleta	anno	sex	cat.	p.cat	team	naz	race time	real time	gap	media
57	85	ASCIONE SALVATORE	1982		SM40	4	ATLETICA P.A.R. CANEGRATE	ITA	00:19:14		+4:47	
58	90	FANTI DANIELE	1976		SM45	12	ATL. U.S. NERVIANESE 1919	ITA	00:19:14		+4:47	
59	150	BONA GIACOMO	1986		SM35	3	ASD GRUPPO CITTA DI	ITA	00:19:15		+4:47	
60	86	ORNAGHI ALBERTO MARCO	1978		SM45	13	GS AVIS TREVIGLIO G.	ITA	00:19:15		+4:48	
61	55	GARAVAGLIA ALEKSANDRA	2002		PF	1	BRONTOLO BIKE ASD	ITA	00:19:19		+4:52	
62	142	RIVOLTA GIANCARLO	1964		SM60	1	S.O.I. INVERUNO	ITA	00:19:24		+4:56	
63	64	ODORIZZI MICHELE	1962		SM60	2	ATL. VALLI DI NON E SOLE	ITA	00:19:25		+4:57	
64	119	CERRI RICCARDO	1977		SM45	14	PODISTICA ARONA	ITA	00:19:26		+4:59	
65	88	BIUNDO SALVATORE	1971		SM50	4	TEAM 3 ESSE	ITA	00:19:30		+5:02	
66	79	PREMOLI SERGIO	1968		SM55	3	RUNNERS DESIO	ITA	00:19:34		+5:06	
67	74	SALA STEFANO	1964		SM60	3	AMICI DELLO SPORT BRIOSCO-	ITA	00:19:35		+5:08	
68	156	DE SIMONE DANIELE	1988		SM35	4	RUN CARD	ITA	00:19:36		+5:09	
69	97	FISCHETTI EMANUELE	1976		SM45	15	RUNNERS LEGNANO SSD ARL	ITA	00:19:38		+5:11	
70	84	ABELA ALESSANDRO	1968		SM55	4	RUNNERS LEGNANO SSD ARL	ITA	00:19:42		+5:14	
71	180	ANGELILLO FRANCESCO	1985		SM35	5	RUNCARD	ITA	00:19:45		+5:18	
72	87	MICCOLI DIEGO	1972		SM50	5	BRONTOLO BIKE ASD	ITA	00:19:48		+5:20	
73	57	CISSE MAMADOU	1967		SM55	5	POLISPORTIVA MOVING S.S.D.	ITA	00:19:56		+5:29	
74	112	FILETTI ANTONINO	1975		SM45	16	AZZURRA GARBAGNATE M.SE	ITA	00:20:00		+5:32	
75	124	MALVESTITI FABIO ANTONIO	1959		SM65	1	ATL. ARCISATE	ITA	00:20:00		+5:33	
76	80	COMBI STEFANIA	1980		SF40	1	ASD TAPASCIONE RUNNING	ITA	00:20:13		+5:45	
77	144	DE PRA' FABRIZIO	1990		SM	21	RUNNING SARONNO	ITA	00:20:13		+5:46	
78	101	DANELUZZI ANDREA	2006		JM	3	SEZ. ATL. ORATORIO	ITA	00:20:15		+5:47	
79	78	MURRU EMANUELE	1971		SM50	6	AZZURRA GARBAGNATE M.SE	ITA	00:20:22		+5:54	
80	135	LAGO LORENA	1984		SF40	2	ATL. U.S. NERVIANESE 1919	ITA	00:20:26		+5:58	
81	117	ZINGARELLI FELICE	1970		SM50	7	AZZURRA GARBAGNATE M.SE	ITA	00:20:28		+6:01	
82	96	GIANOLA MARIA	1972		SF50	1	C.S. CORTENOVA	ITA	00:20:29		+6:01	
83	69	LANZONI MARCO	1969		SM55	6	VIRTUS GROANE	ITA	00:20:32		+6:05	
84	82	RABITTI UMBERTO	1971		SM50	8	GAV GRUPPO ATLETICA	ITA	00:20:39		+6:12	
85	159	IANNELLO ANNA MARIA	1974		SF50	2	P&C PODISMOECAZZEGGIO	ITA	00:20:41		+6:13	
86	149	BALDONI VALERIA	1992		SF	2	RUN CARD	ITA	00:20:41		+6:13	
87	126	CECCHINI DIEGO	1976		SM45	17	A.S.D. MARATHON ATHLETIC	ITA	00:20:42		+6:15	
88	148	MELISURGO FRANCESCO	1972		SM50	9	ASD ORTICA TEAM MILANO	ITA	00:20:45		+6:17	
89	102	VILLA STEFANO	1964		SM60	4	AMICI DELLO SPORT BRIOSCO-	ITA	00:20:57		+6:29	
90	176	TURCONI MARCO	1968		SM55	7	RUNNERS LEGNANO SSD ARL	ITA	00:20:59		+6:32	
91	153	SANGIORGI CLAUDIO	1969		SM55	8	TEAM OTC SSD ARL	ITA	00:21:11		+6:43	
92	67	COZZI MASSIMO	1967		SM55	9	RUNNERS LEGNANO SSD ARL	ITA	00:21:15		+6:47	
93	100	NESSI MATTEO	2006		JM	4	SEZ. ATL. ORATORIO	ITA	00:21:17		+6:50	
94	108	FRASSON TIZIANA	1980		SF40	3	ASD BUMBASINA RUN	ITA	00:21:19		+6:52	
95	41	BENIAMINO SALVATORE	1993		SM	22	TEAM OTC SSD ARL	ITA	00:21:22		+6:55	
96	120	UBOLDI MASSIMILIANO	1982		SM40	5	POLISPORTIVA LOSA S.S.D.R.L.	ITA	00:21:28		+7:00	
97	113	MARTIGNAGO ORIANA	1959		SF65	1	AZZURRA GARBAGNATE M.SE	ITA	00:21:29		+7:02	
98	145	PINCIROLI SILVIA	1991		SF	3	RUN CARD	ITA	00:21:38		+7:11	
99	115	LO NIGRO MAURIZIO	1965		SM55	10	AZZURRA GARBAGNATE M.SE	ITA	00:21:44		+7:16	
100	162	GOBBO FABIO	1971		SM50	10	TEAM 3 ESSE	ITA	00:21:45		+7:18	
101	168	SERRAINO GIOVANNA	1972		SF50	3	EUROATLETICA 2002	ITA	00:21:49		+7:22	
102	155	MARINONI ALESSANDRO	1977		SM45	18	ATL. U.S. NERVIANESE 1919	ITA	00:21:49		+7:22	
103	114	CARDAZZO SILVIA	1968		SF55	1	AZZURRA GARBAGNATE M.SE	ITA	00:21:51		+7:23	
104	68	LEVATI ERMANNO	1981		SM40	6	RUNNERS LEGNANO SSD ARL	ITA	00:21:51		+7:24	
105	138	STRADA FRANCESCO	1969		SM55	11	ASD ORTICA TEAM MILANO	ITA	00:21:54		+7:26	
106	125	BALLABIO CHIARA	1997		SF	4	LA FENICE	ITA	00:21:58		+7:31	
107	110	SORBO GIOVANNI	1959		SM65	2	RUN CARD	ITA	00:22:09		+7:42	
108	158	MAFFETTI LAURA	1999		SF	5	LYKOS TRIATHLON TEAM ASD	ITA	00:22:11		+7:44	
109	92	CARDINALI MAURO	1967		SM55	12	TEAM ATTIVASALUTE ASD	ITA	00:22:14		+7:47	
110	123	SOFIA CANIO	1967		SM55	13	TEAM 3 ESSE	ITA	00:22:21		+7:54	
111	178	CASTIGLIA FABRIZIO	1956		SM65	3	EUROATLETICA 2002	ITA	00:22:24		+7:57	
112	107	MARCHESINI VITTORIA	1998		SF	6	ATL. INSIEME VERONA	ITA	00:22:25		+7:58	
113	128	GIOIA ROBERTO	1975		SM45	19	RUN CARD	ITA	00:22:37		+8:10	
114	169	ZACCHIGNA MARCO	1960		SM60	5	LA MICHETTA	ITA	00:22:52		+8:24	
115	91	NEZOSI GIOCONDO	1953		SM70	1	ATL. PARATICO	ITA	00:23:01		+8:34	
116	127	MORLACCHI LEA	2000		SF	7	RUN CARD	ITA	00:23:03		+8:36	
117	121	TONINI GIORDANO	1973		SM50	11	RUN 4 PEOPLE	ITA	00:23:07		+8:40	
118	167	ANZANI MAURIZIO	1957		SM65	4	ATLETICA INTESA	ITA	00:23:10		+8:43	
119	133	ORSI AGOSTINO	1968		SM55	14	ATLETICA P.A.R. CANEGRATE	ITA	00:23:15		+8:47	

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120	104	CAIMI ALESSANDRA	1991		SF	8	RUN CARD	ITA	00:23:37		+9:10	
121	131	DE GILIO ALESSIA	1989		SF35	1	HEY TEAM SSD A R.L.	ITA	00:23:46		+9:19	
122	70	ORIANI MARCO	1972		SM50	12	ATLETICA P.A.R. CANEGRATE	ITA	00:23:51		+9:24	
123	137	DE SALVE DAVIDE GIUSEPPE	1966		SM55	15	P&C PODISMOECAZZEGGIO	ITA	00:23:57		+9:30	
124	154	FRANGIAMONE GIANCARLO	1958		SM65	5	G.P. QUELLI DELLA VIA	ITA	00:24:10		+9:43	
125	151	NEGRI CESARE	1956		SM65	6	G.P. QUELLI DELLA VIA	ITA	00:24:14		+9:47	
126	139	COMPARIN ILARIA	1976		SF45	1	RUN CARD	ITA	00:24:45		+10:17	
127	152	PRINA GIOVANNI	1963		SM60	6	G.P. QUELLI DELLA VIA	ITA	00:24:59		+10:32	
128	136	SCUDERI OFELIA	1974		SF50	4	RUN CARD	ITA	00:25:37		+11:09	
129	33	CALAMONICI RAFFAELE	1955		SM65	7	AZZURRA GARBAGNATE M.SE	ITA	00:25:45		+11:18	
130	109	MASTELLI BARBARA	1973		SF50	5	AMATORI ATL. CASORATE S.	ITA	00:25:46		+11:19	
131	116	DE CRISTOFARO ORLANDO	1946		SM75	1	AZZURRA GARBAGNATE M.SE	ITA	00:26:05		+11:37	
132	171	BERZIOLI BARBARA MARIA LUISA	1972		SF50	6	S.CLUB LIB. SESTO	ITA	00:26:20		+11:53	
133	134	MARENGHI PAOLO	1975		SM45	20	RUN CARD	ITA	00:26:25		+11:58	
134	164	FUSI MARIA CRISTINA	1978		SF45	2	RUN CARD	ITA	00:27:04		+12:37	
135	95	MAVERNA ROSSELLA	1965		SF55	2	AMATORI ATL. CASORATE S.	ITA	00:27:05		+12:37	
136	179	PANIZ SANDRO	1951		SM70	2	ATHLETIC TEAM LARIO	ITA	00:27:22		+12:54	
137	118	MORABITO NUNZIATA	1969		SF55	3	AZZURRA GARBAGNATE M.SE	ITA	00:27:28		+13:01	
138	122	CAVANNA ANTONIA	1964		SF60	1	RUN 4 PEOPLE	ITA	00:27:39		+13:12	
139	157	LEPRI CATIA	1962		SF60	2	ATL. SAN MARCO U.S. ACLI	ITA	00:30:07		+15:39	
140	166	MAVERNA PIERANGELA	1962		SF60	3	AMATORI ATL. CASORATE S.	ITA	00:33:05		+18:38	
141	143	DI ROCCO ADOLFO VIRGINIO	1942		SM80	1	S.S. LAZIO ATLETICA LEGGERA	ITA	00:33:16		+18:49	